

BAKING WITH MONTY

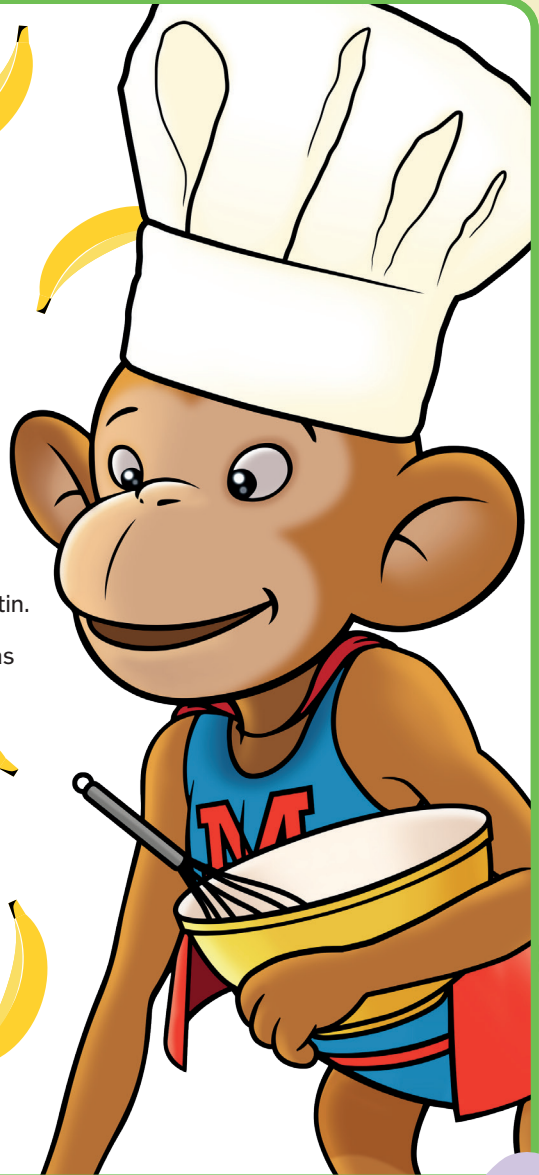
GRAB MUM OR DAD AND FOLLOW THE INSTRUCTIONS BELOW TO MAKE MONTY'S FAVOURITE – A BANANA CAKE.

INGREDIENTS

125g butter, softened	1 teaspoon salt
1 1/2 cups castor sugar	1/2 teaspoon cinnamon
2 eggs (60g), beaten	1/8 teaspoon allspice
1 cup (approx. 2 large) ripe bananas, mashed	1/2 cup milk
5 drops vanilla essence	1 teaspoon lemon juice
250g plain flour	
1 teaspoon baking soda	

RECIPE

1. Preheat oven to 180 degrees C while you butter and line a cake tin.
2. Beat butter and sugar until light and fluffy. Beat in eggs, bananas and vanilla.
3. Sift the dry ingredients together.
4. Mix the milk and lemon juice.
5. Alternating, mix the dry ingredients with milk, stirring between each addition.
6. Bake in the oven for approximately 45 mins or until a skewer comes out clean.
7. Rest in the tin for 5 minutes before turning onto a wire rack to cool.



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